

HELIA ROSTAMPOUR

MSc clinical psychologist



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Personal information:

Gender: female

Date of birth: March 1999

Address: Karaj, Iran

Civil status: single

My name is Helia Rostampour, and I am a Cognitive Behavioral (CBT) and Schema Therapist.

I have gained valuable experience as a therapist, working for 6 months under the supervision of Dr. Azam Noferesti, Ph.D. Following that, I transitioned into my professional role as a clinical psychologist.

I am currently working as a Cognitive Behavioral Therapy (CBT) and Schema Therapist.



Education:

Master of arts in clinical psychology - University of Tehran

2021 – present

Bachelor of arts in psychology - University of Guilan

2017 – 2021

Schema therapy workshop - Haftad clinic

DEC 2022 – FEB 2023 (50 hours)

EEG Workshop - National Brain Mapping Laboratory

AUG 2022 (32 hours)

EEG signal recording and signal processing workshop

QEEG Workshop - National Brain Mapping Laboratory

FEB 2022 (3 hours)

The role of QEEG and neurofeedback in diagnosis and treatment of psychiatric and neurological disorders



Experience:

Teacher assistant – University of Tehran

2022-2023

By Dr. Fatemeh Dehghani Arani

Schema therapy internship - University of Tehran

JAN – JUN 2023

By Dr Azam Noferesti Ph.D

Cognitive behavioral therapy internship - University of Tehran

OCT – DEC 2022

By Dr Azam Noferesti Ph.D

CBT and schema therapy supervision - University of Tehran

OCT 2022 – JUN 2023

By Dr Azam Noferesti Ph.D

Educational counselor – Milad Naseh Zadeh institute

Summer 2022



Skills:

CBT:		(advanced)
Schema Therapy:		(advanced)
EEG:		(intermediate)
Psychological assessments:		(upper intermediate)



Languages:

English:		(advanced)
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