HELIA ROSTAMPOUR

MSc clinical psychologist

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Personal information:

Gender: female Date of birth: March 1999

Address: Karaj, Iran Civil status: single

My name is Helia Rostampour, and I am a Cognitive Behavioral (CBT) and Schema Therapist.

I have gained valuable experience as a therapist, working for 6 months under the supervision of Dr. Azam Noferesti, Ph.D. Following that, I transitioned into my professional role as a clinical psychologist.

I am currently working as a Cognitive Behavioral Therapy (CBT) and Schema Therapist.



Education:

Master of arts in clinical psychology - University of Tehran

2021 - present

Bachelor of arts in psychology - University of Guilan

2017 - 2021

Schema therapy workshop - Haftad clinic

DEC 2022 – FEB 2023 (50 hours)

EEG Workshop - National Brain Mapping Laboratory

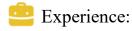
AUG 2022 (32 hours)

EEG signal recording and signal processing workshop

QEEG Workshop - National Brain Mapping Laboratory

FEB 2022 (3 hours)

The role of QEEG and neurofeedback in diagnosis and treatment of psychiatric and neurological disorders



Teacher assistant – University of Tehran

2022-2023

By Dr. Fatemeh Dehghani Arani

Schema therapy internship - University of Tehran

JAN - JUN 2023

By Dr Azam Noferesti Ph.D

Cognitive behavioral therapy internship - University of Tehran

OCT - DEC 2022

By Dr Azam Noferesti Ph.D

CBT and schema therapy supervision - University of Tehran

OCT 2022 – JUN 2023

By Dr Azam Noferesti Ph.D

Educational counselor - Milad Naseh Zadeh institute

Summer 2022

Skills:	
CBT:	(advanced)
Schema Therapy:	(advanced)
EEG:	(intermediate)
Psychological assessments:	(upper intermediate)
Aż Languages:	
English:	(advanced)